WEST CUMBERLAND ORIENTEERING CLUB 50th ANNIVERSARY SPRINT
COCKERMOUTH, 25 November 2017

Location

Registration, Start and Finish are at the North West corner of Harris Park, grid ref NY120303.
Pedestrian access is from Fern Bank.
Parking at public car parks in the town, all within walking distance of registration.

Map

Cockermouth Town Centre, mapping by Howard and Kim Leslie.
Scale 1:4000, contour interval 5m.
The map uses ISSOM symbols. This means that some map symbols denote features or areas that may not be crossed (out of bounds), not whether they could be crossed. See: http://orienteering.org/wp-content/uploads/2010/12/International-Specification-for-Sprint-Orienteering-Maps-2007.pdf

Courses

SENIOR	2.5km	Light traffic
JUNIOR	1.7km	Traffic free
EASY	1.5km	Traffic free

Above distances are straight line. Running distances will be longer, particularly for the senior course.

Terrain

Open and wooded parkland with a steep slope. The senior course also uses streets and lanes where there may be light traffic. Take care.

Entries

Enter on the day. However please let us know if you are coming and which course(s) you want to run so that we can have enough maps ready. Email: michael(at)micnet.plus.com

Adults £3.50, Juniors £2

Start times

From 11:00am to 12:30pm.
Start is close to registration.