WEST CUMBERLAND ORIENTEERING CLUB

RANNERDALE KNOTTS REGIONAL EVENT
SUNDAY 2ND MARCH

Directions
Parking is on a field on the shores of Crummock Water at NY163187, directly opposite Rannerdale Farm. If approaching from the north (Cockermouth/Lorton direction) the field is on your right. If you are coming from Keswick please bear in mind that Newlands Pass may be closed if the weather is cold and the roads icy.

Parking £2 per car, please have the right money. Cash only.

Dogs
Well controlled dogs allowed in the assembly field. No dogs on courses.

Courses
Usual range of Cumbrian Galoppen courses Yellow to Brown including Very Short Green and Short Green. Details subject to final controlling.

Course	Length (km)	Climb (m)	Controls	Map Scale
Brown	8.4	400	21	1:10,000
Blue	6.1	350	16	1:10,000
Green	4.6	250	14	1:10,000
Short Green	3.0	170	12	1:7,500
Very Short Green	2.0	110	10	1:7,500
Light Green	3.4	180	10	1:7,500
Orange	2.2	75	9	1:7,500
Yellow	1.9	75	9	1:7,500

Yellow maps must be collected from the Registration desk at the caravan. There will **not** be any Yellow maps at the start.

Yvette Baker Trophy and Shield
The Trophy is for large clubs and the Shield for smaller clubs. Clubs taking part should check the rules to make sure competitors are eligible for the course they have entered, and no competitor can be shadowed/helped around their course. Competitors from the same club and on the same course must start at least 4 minutes apart.
https://www.britishorienteering.org.uk/yvettebaker_rules

Start
Starts 10.30 – 12.30. Courses close at 2.30pm.
The start is 15 mins level walk from the car parking /assembly field. About 300m of this is along the minor road leading to Buttermere, which will probably be fairly busy although traffic shouldn't be going very quickly. There is no pavement so please take care and keep on the left hand side of the road. Children should be supervised.
Separate control descriptions will be available at the start.

Finishes
There are two finishes. Yellow, Orange, Light Green, Very Short Green and Short Green have a finish very close to the start and extra clothing can be left at the start, although this won't be supervised.
Green, Blue and Brown course finish about 1km from the assembly field, and spare clothing should not be left at the start.

All competitors have to walk along the road on the way back to the assembly field.

Entries
Please enter in advance via SI Entries. Entries close 11.59pm on Thur 27th February.
£9 Seniors who are members of British Orienteering (BO)
£10 Seniors who are not members of BO
£4 Juniors and full time students who are members of BO
£5 Juniors and full time students who are not members of BO

Limited entry on the day, depending on map availability. All entry fees + £1. Cash only, we will not be able to take card payments.

Map and Terrain
The SW part of Rannerdale Knotts was mapped by Andy Warner in 2011. This was extended to include the rest of Rannerdale Knotts by Pete Nelson in 2020. This is the first time the area has been used for a regional level event. Rannerdale was first mapped by Martin Bagness, and extended and updated by Colin Webb in 2008. Pete Nelson did further updates 2012 - 2014. There remain some differences of style between the two main parts of the map, particularly in the treatment of rock and boulders.

Lakeland fell terrain with typical contour and rock detail. There is moderate bracken cover across the area which has been fairly well beaten down over the winter. Bracken screen is not shown on map to aid legibility. Areas of smooth rock which you could run down are shown as 'bare rock' (grey splodges). They often look like crags from a distance. There are many paths and sheep trods; only the most prominent are shown.

There are two nonstandard symbols on the map. A green cross is a dead tree and a short black line across a fence is a stile.

The area is popular with members of the public, please be courteous if you encounter any especially along rights of way and gates etc.

Walls and fences are marked with purple "DO NOT CROSS" overprint. Walls and fences MUST only be crossed at mapped crossing points. Please respect the competition and the landowners by following this instruction.

The courses go onto exposed open fell, so please dress appropriately. All competitors **must carry a whistle** and a **waterproof cagoule may be compulsory** if conditions dictate.

Please remember to download when you get back to the assembly field so we know you're back safely**.**

Planner Simon Thomas
Organiser Bob Barnby
Controllers Karen and Dan Parker (BL)