Galoppen Leaps Beck 25th November 2018

(Details 17/11/2018)

West Cumberland Orienteering Club (WCOC) will be hosting the Galoppen at Leaps Beck, Kirkland.

Event: This is a level C colour coded event, competing for points towards the Borrowdale Trophy.

Terrain: Leaps Beck is a high exposed open fell. With good running and interesting contour detail. The area is grazed by sheep so check afterwards for ticks.

Registration & Start: Registration is from 10:00 to 11:30. All competitors travelling alone must leave car keys at registration for collection on return.

Entry £6 Seniors (non BOF members £8) £3 Students & Juniors. Hire dibbers will be available £1 with £40 charge if lost or damaged.

Control descriptions will be issued at registration and printed on the map.

Starts from 10.30 till approximately 12.30pm depending on numbers of entries. Courses close at 14:30.

The walk to the start is less than 500m

Punching start will be used.

The finish for all courses is approx. 500m walk to the assembly/download.

Safety: Suitable bad weather clothing may be compulsory this is an exposed fell with no shelter. This will be clearly signed on the day. If in doubt check at registration. Whistles **must be** carried.

Competitors take part at their own risk and are responsible for their own safety.

Courses:

Colour	Distance	Climb	Scale
Brown	8.1k	330m	1:10000
Blue	6.0k	260m	1:10000
Green	4.5k	130m	1:7500
Short Green	3.0k	110m	1:7500

Light Green	2.9k	110m	1:7500
Orange	2.7k	100m	1:7500
Yellow	2.1k	60m	1:7500

Mapping: Uncrossable fences are shown on the map. **USE MARKED CROSSING POINTS ONLY.**

Gates: If you open a gate you must **close** it after you.

Car Parking & Approaches: The event will be signed from the junction on the A5086 at GR NY074196 sp Kirkland & Ennerdale approx. 8miles south of Cockermouth.

Parking is at Ennerdale Showground. A large sloping field, please come in at the top gate, turn left and park on the slope facing downhill. The field can be exited at the bottom of the slope if necessary.

Dogs: There are no dogs allowed on the competition area, as there will be sheep grazing. Dogs must be on a lead in the parking area.

Registration & Download: This will be located close to the car parking. There will be a caravan for download and enquiries.

ALL competitors **MUST** report to the Download and download their SI card even if they retire. This is extremely important and is a safety measure.

Facilities:
Toilets will be near the parking.
North West Junior Squad cake stall will be at assembly.

Event Officials:
Controller: Jon Eaton/Michael Billinghurst WCOC

Planner: Steve Birkinshaw WCOC

Organiser: Liz Elliott 01697331461/07857034248 lizdelliott@btinternet.com